



OASIS Monmouthshire

Outreach, Autism Support & Inclusion Service

Education Support Team



Jane Sainsbury - Education Support Practitioner

I can't recall a time when my days weren't consumed with the incredible journey of empowering children and young people to become the best versions of themselves. For over 30 years, I have dedicated my career to nurturing growth, fostering independence, and unlocking the potential within every individual I work with. My journey began as a Nursery Nurse (NNEB) in private nurseries, little did I know that this would be the start of an immensely fulfilling path in education.

As I transitioned into various roles within educational settings, my passion for making a difference only deepened. Eager to expand my skills and knowledge, I pursued further training and became an Emotional Literacy Support Assistant (ELSA). This pivotal moment allowed me to delve deeper into the intricacies of emotional well-being, equipping me to support children grappling with trauma, PTSD, and neurodivergence. It has been profoundly rewarding to work alongside those who face unique challenges, helping them navigate their emotions and build resilience. (Finding their superpowers.)

Throughout my career, I have had the privilege of working with children across every year group in primary education, and I have also supported secondary school students during their crucial transition periods. These varied experiences have enriched my understanding of the diverse needs of learners, allowing me to tailor my approach to best serve each child's unique circumstances.

My journey ultimately led me to join the Educational Support Team (EST), where I find myself perfectly aligned with my passion for inclusion.

I Love my job because

In this role, I have the opportunity to champion the needs of all students, ensuring that every child feels valued, understood, and capable of achieving their goals. I am a trauma-informed mental health practitioner and I am committed to fostering environments where children can thrive emotionally and academically. I learn so much from the most inspiring and talented professionals that I get to spend time with and collaborate with daily.

I am passionate about

Every day, I am invigorated by the opportunity to inspire young minds and witness their incredible growth. I believe that with the right support, every child can shine and become an amazing independent individual. My mission is to continue advocating for their needs, empowering them to embrace their journey with confidence and resilience. Together, I know we can create brighter futures for our children, one step at a time!

I am happiest when

Spending time with my family, walking my two dogs in the countryside or at the beach.

People often describe me as

'Mr Poppy,' the female version. I am open, honest and personable.

I always try to be

Open minded, caring and "go that extra mile".