WEEK 1	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
	WEEK COMMENCING: 0	6/11/2023 • 27/11/2023 •18/12/2023 • 22/01/2024 • 19/02/2024 • 11	/03/2024	
MONDAY	Cheese & Tomato Pizza	Cheese & Tomato Pizza	Jacket Potato with Various Fillings	Homemade Chocolate Brownie
MONDAY	served with Mashed Potato or Pasta, Beans or Peas	served with Mashed Potato or Pasta, Beans or Peas		
TUESDAY	Chicken Pasta Bake served with Crusty Bread & Mixed Vegetables	Tomato & Basil Pasta Bake served with Crusty Bread & Mixed Vegetables	Jacket Potato with Various Fillings	Fruit Sponge & Custard
EDNESDAY	Sausage, Yorkshire Pudding, Roast & Boiled Potatoes,	Homemade Glamorgan Sausage, Yorkshire Pudding, Roast &	Jacket Potato with Various Fillings	Strawberry Whip & Shortbread Bisc
EDNESDAY	Carrots, Broccoli & Gravy	Boiled Potatoes, Carrots, Broccoli & Gravy		
THURSDAY	Homemade Lasagne	Homemade Vegetable Lasagne	Jacket Potato with Various Fillings	Jelly & Ice-Cream
	served with Garlic Bread & Sweetcorn	served with Garlic Bread & Sweetcorn		
FRIDAY	Fish Fingers or Salmon Fish Cake	Country Bake	Jacket Potato with Various Fillings	Jaffa Sponge
	served with Chips or Pasta, Beans or Peas	served with Chips or Pasta, Beans or Peas		
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WEEK 2	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
	WEEK COMMENCING: 13	3/11/2023 • 04/12/2023 • 08/01/2024 • 29/01/2024 • 26/02/2024 • 18	3/03/2024	
MONDAY	Cheese & Potato Pie served with Garlic Bread & Beans or Peas	Macaroni Cheese served with Garlic Bread & Peas	Jacket Potato with Various Fillings	Mandarin Sponge & Custard
TUESDAY	Homemade Chicken Korma, Rice, Naan Bread & Sweetcorn	Homemade Vegetable Korma, Rice, Naan Bread & Sweetcorn	Jacket Potato with Various Fillings	Yogurt & Biscuit
EDNESDAY	Sausage, Yorkshire Pudding, Roast & Boiled Potatoes, Carrots & Green Beans & Gravy	Homemade Glamorgan Sausage, Yorkshire Pudding, Roast & Boiled Potatoes, Carrots & Green Beans & Gravy	Jacket Potato with Various Fillings	Fruit Salad & Ice-Cream
THURSDAY	Homemade Beef Bolognaise	Homemade Vegetable Bolognaise	Jacket Potato with Various Fillings	Chocolate Gooey Pudding
	served with Garlic Bread & Mixed Vegetables	served with Garlic Bread & Mixed Vegetables		
FRIDAY	Fish Fingers or Salmon Fish Cake	Country Bake	Jacket Potato with Various	E. 1144 (C)
	served with Chips or Pasta, Beans or Peas	served with Chips or Pasta, Beans & Peas	Fillings	Fruit Muffin
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WEEK 3	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
WEEK 3	MAIN COURSES	VEGETARIAN OPTION NG: 20/11/2023 • 11/12/2023 • 15/01/2024 • 05/02/2024 • 04/03/20		DESSERTS
WEEK 3	MAIN COURSES		24	
WEEK 3 MONDAY	MAIN COURSES WEEK COMMENCI	NG: 20/11/2023 • 11/12/2023 • 15/01/2024 • 05/02/2024 • 04/03/20		DESSERTS Chocolate Crunch
MONDAY	MAIN COURSES WEEK COMMENCI Tomato & Basil Pasta Bake	NG: 20/11/2023 • 11/12/2023 • 15/01/2024 • 05/02/2024 • 04/03/20 Mac n Cheese	24 Jacket Potato with Various Fillings Jacket Potato with Various	
MONDAY	MAIN COURSES WEEK COMMENCI Tomato & Basil Pasta Bake served with Crusty Bread & Sweetcorn	NG: 20/11/2023 • 11/12/2023 • 15/01/2024 • 05/02/2024 • 04/03/20 Mac n Cheese served with Crusty Bread & Sweetcorn	24 Jacket Potato with Various Fillings	Chocolate Crunch
MONDAY	MAIN COURSES   WEEK COMMENCI   Tomato & Basil Pasta Bake   Served with Crusty Bread & Sweetcorn   Savoury Mince, Served with Mashed Potato or Pasta,	NG: 20/11/2023 • 11/12/2023 • 15/01/2024 • 05/02/2024 • 04/03/20 Mac n Cheese served with Crusty Bread & Sweetcorn Veggie Mince in Gravy, Served with Mashed Potato or Pasta	24 Jacket Potato with Various Fillings Jacket Potato with Various	Chocolate Crunch Chocolate & Pear Sponge
MONDAY TUESDAY 'EDNESDAY	MAIN COURSES   WEEK COMMENCI   Tomato & Basil Pasta Bake   served with Crusty Bread & Sweetcom   Savoury Mince, Served with Mashed Potato or Pasta,   Mixed Vegetables   Sausage, Yorkshire Pudding, Roast & Boiled Potatoes, Carrots, Peas &	NG: 20/11/2023 • 11/12/2023 • 15/01/2024 • 05/02/2024 • 04/03/20 Mac n Cheese served with Crusty Bread & Sweetcorn Veggie Mince in Gravy, Served with Mashed Potato or Pasta Mixed Vegetables Homemade Glamorgan Sausage, Yorkshire Pudding, Mashed Potato or	24 Jacket Potato with Various Fillings Jacket Potato with Various Fillings Jacket Potato with Various Fillings Jacket Potato with Various	Chocolate Crunch Chocolate & Pear Sponge with Custard Ice-cream Roll
	MAIN COURSES   WEEK COMMENCI   Tomato & Basil Pasta Bake   Served with Crusty Bread & Sweetcorn   Savoury Mince, Served with Mashed Potato or Pasta,   Mixed Vegetables   Sausage, Yorkshire Pudding, Roast & Boiled Potatoes, Carrots, Peas & Gravy	NG: 20/11/2023 • 11/12/2023 • 15/01/2024 • 05/02/2024 • 04/03/20 Mac n Cheese served with Crusty Bread & Sweetcorn Veggie Mince in Gravy, Served with Mashed Potato or Pasta Mixed Vegetables Homemade Glamorgan Sausage, Yorkshire Pudding, Mashed Potato or Pasta, Carrots , Peas & Gravy	24 Jacket Potato with Various Fillings Jacket Potato with Various Fillings Jacket Potato with Various Fillings	Chocolate Crunch Chocolate & Pear Sponge with Custard
MONDAY TUESDAY 'EDNESDAY	MAIN COURSES   WEEK COMMENCI   Tomato & Basil Pasta Bake   Served with Crusty Bread & Sweetcom   Savoury Mince, Served with Mashed Potato or Pasta,   Mixed Vegetables   Sausage, Yorkshire Pudding, Roast & Boiled Potatoes, Carrots, Peas & Gravy   Homemade Beef Bolognaise	NG: 20/11/2023 • 11/12/2023 • 15/01/2024 • 05/02/2024 • 04/03/20 Mac n Cheese served with Crusty Bread & Sweetcom Veggie Mince in Gravy, Served with Mashed Potato or Pasta Mixed Vegetables Homemade Glamorgan Sausage, Yorkshire Pudding, Mashed Potato or Pasta, Carrots , Peas & Gravy Homemade Vegetable Bolognaise	24 Jacket Potato with Various Fillings Jacket Potato with Various Fillings Jacket Potato with Various Fillings Jacket Potato with Various	Chocolate Crunch Chocolate & Pear Sponge with Custard Ice-cream Roll







