

Monmouthshire Educational Psychology Service



You can read this leaflet on your own or you can ask someone to help you.

INFORMATION FOR CHILDREN & YOUNG PEOPLE

WHAT DO EDUCATIONAL PSYCHOLOGISTS (EP FOR SHORT) DO?

The EP will try and help you and the people that know you well (at home and school/setting), understand how you:



Learn



Get on with others



Manage feelings



And what might help with these

TO FIND THIS OUT, THE EP MIGHT:

Talk with you, your teachers and your parents/carers to find out more about:



Things you like



Things you don't like



What you are good at



And what you find difficult

THE EP MIGHT ALSO:



Look at your work or join a lesson



Work with you on some tasks



Meet with you again to find out how things are going

AFTER THIS...



The EP, you and the people who know you well will look for ideas to help and make a plan



This will be written down and shared with you, your family and school/setting

Name of Educational Psychologist:

Person to talk to in school:



We hope you enjoy working with the EP! You do not have to agree to meet with the EP. If you are worried about this you can talk to your family or teacher.