

WEEK 1	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
<b>WEEK COMMENCING: 05/09/2022 • 26/09/2022 • 17/10/2022 • 14/11/2022 • 05/12/2022 • 09/01/2023 • 30/01/2023 • 27/02/2023 • 20/03/2023</b>				
MONDAY	Hawaiian Pizza with Homemade Wedges or Pasta Baked Beans or Peas	Cheese & Tomato Pizza served with Homemade Wedges or Pasta Baked Beans or Peas	Jacket Potato with Various Fillings	Chocolate Whirl & a Glass of Milk
TUESDAY	 Homemade Pasta Bolognese served with Garlic Bread & Mixed Vegetables	Homemade Vegetable Pasta Bolognese served with Garlic bread & Mixed Vegetables	Jacket Potato with Various Fillings	Toffee Apple Crumble & Custard
WEDNESDAY	Roast Turkey with Homemade Stuffing, Roast & Boiled Potatoes, Carrots, Green Beans & Gravy	Quorn in Gravy, Homemade Stuffing, Roast & Boiled Potatoes, Carrots, Green Beans & Gravy	 Jacket Potato with Various Fillings	 Cookie Ice-cream
THURSDAY	Sausage, Yorkshire Pudding, Pasta/Mashed Potato, Peas & Gravy	Homemade Glamorgan Sausage, Yorkshire Pudding, Mashed Potato, Peas & Gravy	Jacket Potato with Various Fillings	Jaffa Sponge & Custard
FRIDAY	Fish Fingers or Salmon Fish Cake with a choice of Chips/Pasta or Mashed Potato, Baked Beans or Peas	Cheese & Tomato Frittata with a choice of Chips/Pasta or Mashed Potato Baked Beans or Peas	Jacket Potato with Various Fillings	Cornflake Tart & Custard

WEEK 2	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
<b>WEEK COMMENCING: 12/09/2022 • 03/10/2022 • 24/10/2022 • 21/11/2022 • 12/12/2022 • 16/01/2023 • 06/02/2023 • 06/03/2023 • 27/03/2023</b>				
MONDAY	Cheese & Potato Pie with Crusty Bread, Baked Beans or Peas	Tomato & Basil Pasta with Crusty Bread & Peas	Jacket Potato with Various Fillings	Mandarin Sponge
TUESDAY	Chicken Korma with Rice served with Nann Bread & Sweetcorn or Ravioli & Cheese served with 1/2 Jacket Potato & Sweetcorn	Vegetable Korma with Rice served with Naan Bread & Sweetcorn	Jacket Potato with Various Fillings	Autumn Crumble & Custard
WEDNESDAY	Roast Beef, Yorkshire Pudding, Roast & Boiled Potatoes Carrots, Broccoli & Gravy	Cauliflower & Broccoli Cheese Bake, Roast & Boiled Potatoes Carrots, Broccoli & Gravy	Jacket Potato with Various Fillings	Fruit Jelly & Ice-cream
THURSDAY	 Homemade Carbonara served with Crusty Bread & Mixed Vegetables	Homemade Vegetable Carbonara served with Crusty Bread & Mixed Vegetables	Jacket Potato with Various Fillings	Jam Tart & Custard
FRIDAY	Salmon Fish Cake or Fish Fingers with a choice of Chips/Pasta or Mashed Potato, Baked Beans or Peas	Veggie Bake with a choice of Chips/Pasta or Mashed Potato Baked Beans or Peas	Jacket Potato with Various Fillings	Chocolate Muffin & a Glass of Milk

WEEK 3	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
<b>WEEK COMMENCING: 19/09/2022 • 10/10/2022 • 07/11/2022 • 28/11/2022 • 19/12/2022 • 23/01/2023 • 13/02/2023 • 13/03/2023</b>				
MONDAY	Mac & Cheese served with Crusty Bread & Sweetcorn	Tomato & Basil Pasta served with Crusty Bread & Sweetcorn	Jacket Potato with Various Fillings	Carrot Cake
TUESDAY	Homemade Lasagne served with Garlic Bread & Mixed Vegetables	 Homemade Vegetable Lasagne served with Garlic Bread & Mixed Vegetables	Jacket Potato with Various Fillings	Autumn Crumble & Custard
WEDNESDAY	Roast Turkey, Homemade Stuffing, Roast & Boiled Potatoes Carrots, Green Beans & Gravy	Homemade Glamorgan Sausage, Homemade Stuffing Roast & Boiled Potatoes, Carrots, Green Beans & Gravy	Jacket Potato with Various Fillings	 Fruity Rice Pudding
THURSDAY	Meatballs in Tomato Sauce with Pasta & Peas	Veggie Balls in Tomato Sauce, Pasta & Peas	 Jacket Potato with Various Fillings	Chocolate Goopy Cake
FRIDAY	Battered Salmon Fillet or Fish Finger with a choice of Chips/Pasta or Mashed Potato, Baked Beans or Peas	Veggie Bake served with a choice of Chips/Pasta or Mashed Potato Baked Beans or Peas	Jacket Potato with Various Fillings	Toffee Tart

