



Worrying about money?

You are not alone. Money worries are more common than most of us realise. It might be an unexpected drop in income, bills starting to pile up, or finding it harder to cover the basics - these issues can affect anyone.

Remember, there's more help available than you might think. There are people and organisations who can help with some of the most common financial problems. These might include:

- Checking to see if you're entitled to more money in benefits or small grants.
- Help with reducing essential costs and connecting with local support.
- Advice on managing debts and ways to reduce your repayments.
- Help getting back into work or into more secure employment.
- Support to help you stay in your home.

If you are struggling it is always better to seek help and advice sooner rather than later – but it is also never too late to ask for help. You may be surprised at how much can be done to help you get back on your feet.

We have a short guide to help you see the types of help and support that are available, with details of national organisations as well as local links and connections. Help may be available in places you might not expect.

Visit: monmouthshire.gov.uk/money-matters/

If you're not sure where to start, places like Citizens Advice or your landlord (if you are a social housing tenant) are a great place to find all the help and support that is right for you.

You can also phone Monmouthshire County Council's contact centre or walk into any of the council's Community Hubs in Abergavenny, Caldicot, Chepstow or Monmouth or Usk, where staff will be happy to have a conversation with you about some of the help you could access.



monmouthshire
sir fynwy

01633 644644



@MonmouthshireCC

monmouthshire.gov.uk/money-matters

In partnership with:

Abergavenny: 01873 856466

Caldicot: 01291 422119

Chepstow - 01291 622185

Monmouth - 01600 773297

citizensadvice.org.uk/wales

**citizens
advice**