





WEEK 1	MAIN COURSES	VEGETARIAN	ALTERNATIVE	DESSERTS
WEEK COMMENCING: 20/09/2021 · 11/10/2021 · 08/11/2021 · 29/11/2021 · 04/01/2022 · 24/01/2022 · 14/02/2022 · 14/03/2022 · 04/04/2022				
MONDAY	Hot Dog, Homemade Wedges or Pasta & Sweetcorn 	Homemade Glamorgan Hot Dog, Homemade Wedges or Pasta & Sweetcorn	Jacket Potatoes with Various Fillings	Fruit & Oat Crumble & Custard
TUESDAY	Chicken Korma, Rice, Naan Bread & Mixed Vegetables or Ravioli & Cheese, 1/2 Jacket Potato & Mixed Vegetables	Vegetable Korma, Rice, Naan Bread & Mixed Vegetables or Ravioli & Cheese, 1/2 Jacket Potato & Mixed Vegetables 	Jacket Potatoes with Various Fillings	Fruit Cheesecake
WEDNESDAY	Roast Turkey, Homemade Stuffing, Roast & Boiled Potatoes, Carrots, Broccoli & Gravy	Cauliflower & Broccoli Cheese, Roast & Boiled Potatoes, Carrots, Broccoli & Gravy	Jacket Potatoes with Various Fillings	 Cookie Ice-cream
THURSDAY	Beef & Onion Pie or Savoury Mince, Mashed Potato or Pasta, Peas and Gravy	Quorn & Onion Pie or Savoury Veggie Mince, Mashed Potato or Pasta with Peas & Gravy	Jacket Potatoes with Various Fillings	Jaffa Sponge & Custard
FRIDAY	Fishwich or Chicken Breast Fillet in a Bun, Chips, or Pasta or Mashed Potato with Beans or Peas 	Homemade Glamorgan Pattie in a Bun with Chips or Pasta or Mashed Potato with Beans or Peas	Jacket Potatoes with Various Fillings	Winter Fruit Muffin & Glass Milk

WEEK 2	MAIN COURSES	VEGETARIAN	ALTERNATIVE	DESSERTS
WEEK COMMENCING: 27/09/2021 · 18/10/2021 · 15/11/2021 · 06/12/2021 · 10/01/2022 · 31/01/2022 · 28/02/2022 · 21/03/2022				
MONDAY	Homemade Hawaiian Pizza, Homemade Wedges or Pasta with Beans or Peas	 Homemade Cheese & Tomato Pizza, Homemade Wedges with Beans or Peas	Jacket Potatoes with Various Fillings	Mandarin Sponge
TUESDAY	 Homemade Beef Bolognese or Homemade Lasagne with Garlic Bread and Mixed Vegetables	Homemade Vegetable Bolognese or Homemade Vegetable Lasagne with Garlic Bread & Mixed Vegetables	Jacket Potatoes with Various Fillings	Fruit Yogurt & Shortbread Biscuit
WEDNESDAY	Roast Turkey & homemade stuffing Roast & Boiled Potatoes, Carrots, Green Beans & Gravy	Homemade Glamorgan Sausage & homemade Stuffing, Roast & Boiled Potatoes, Carrots and Green Beans	Jacket Potatoes with Various Fillings	 Fruit Jelly & Ice-cream
THURSDAY	Beef Meatballs in Homemade Tomato Sauce, served in a Tortilla Boat with Pasta & Sweetcorn	Veggie Balls in Homemade Tomato Sauce, served in a Tortilla Boat with Pasta & Sweetcorn	Jacket Potatoes with Various Fillings	Chocolate Goopy Cake
FRIDAY	Fish Fingers or Battered Salmon Fillet, Chips or Pasta or Mashed Potatoes with Beans or Peas	Cheese & Potato Pie with Beans or Peas 	Jacket Potatoes with Various Fillings	Jam & Cream Bun & Glass Milk

WEEK 3	MAIN COURSES	VEGETARIAN	ALTERNATIVE	DESSERTS
WEEK COMMENCING: 04/10/2021 · 01/11/2021 · 22/11/2021 · 13/12/2021 · 17/01/2022 · 07/02/2022 · 07/03/2022 · 28/03/2022				
MONDAY	 Sausage, Mashed Potato or Pasta with Spaghetti Hoops or Peas 	Homemade Glamorgan Sausage, Mashed Potato or Pasta with Spaghetti Hoops or Peas	Jacket Potatoes with Various Fillings	Winter Sponge & Custard
TUESDAY	Homemade Beef Bolognese or Homemade Lasagne with Garlic Bread & Mixed Vegetables	Homemade Vegetable Bolognese or Homemade Vegetable Lasagne with Garlic Bread & Mixed Vegetables	Jacket Potatoes with Various Fillings	Fresh Fruit Salad & Ice-cream
WEDNESDAY	Roast Beef, Yorkshire Pudding, Roast & Boiled Potatoes Carrots, Cauliflower & Gravy	Quorn in Gravy, Yorkshire Pudding, Roast & Boiled Potatoes, Carrots, Cauliflower 	Jacket Potatoes with Various Fillings	Raspberry Delight & Chocolate Biscuit
THURSDAY	BBQ Chicken Wrap, Homemade Wedges or Pasta & Mixed Vegetables or Ravioli & Cheese, 1/2 Jacket Potato & Mixed Vegetables 	BBQ Quorn Wrap, Homemade Wedges & Mixed Vegetables or Ravioli & Cheese, 1/2 Jacket Potato & Mixed Vegetables	Jacket Potatoes with Various Fillings	Chocolate & Pear Sponge & Chocolate Sauce
FRIDAY	Fish Fingers or Salmon Fishcake, Chips or Pasta or Mashed Potato with Peas	Cheese & Tomato Frittata, Chips, Pasta or Mashed Potato With Peas	Jacket Potatoes with Various Fillings	 Cherry Flapjack & Glass Milk

