			Gluten Free
WEEK 1	HOT MEAL OF THE DAY	SANDWICH BAR	DESSERTS
	WEEK COMMENCING: 30/08/2021 • 13/09/2021	• 27/09/2021 • 11/10/2021• 01/11/2021 • 15/11/2021 • 29/11/202	· 13/12/2021
MONDAY	Jacket Potato filled with Chicken or Vegetable Balti, Crusty Bread & Vegetable Sticks & Fruit Drink	Ham or Cheese, G/F Roll, Vegetable Sticks Fruit Drink	Chocolate Muffin G/F Mix & Fresh Apple
TUESDAY	Homemade Beef or Vegetable Pasta Bolognaise, Garlic Bread G/F Mix, Vegetable Sticks & Fruit Drink	Chicken Mayo or Cheese Savoury G/F Roll, Vegetables Sticks Fruit Drink	Iced Sponge G/F Mix & Fresh Satsuma
WEDNESDAY	Warm Beef or Veggie Pattie, G/F Roll & Potato Wedges Vegetable Sticks, Tomato Ketchup & Fruit Drink		Cherry Flap Jack G/F Mix & Fresh Apple
THURSDAY	Chicken or Tomato & Basil Pasta Bake, Crusty G/F Roll, Vegetable Sticks & Fruit Drink	Coronation Chicken or Egg Mayo, G/F Roll, Vegetable Sticks & Fruit Drink	Vanilla Sponge G/F Mix & Fresh Satsuma
FRIDAY	Hotdog G/F Sausage & G/F Roll or Glamorgan Hotdog G/F Mix, Chips Tomato Ketchup, Vegetable Sticks & Fruit Drink		Chocolate Brownie G/F Mix & Fresh Apple
WEEK 2	HOT MEAL OF THE DAY	SANDWICH BAR	DESSERTS
	WEEK COMMENCING: 06/09/2021 • 20/09	/2021 • 04/10/2021 • 18/10/2021 • 08/11/2021 • 22/11/2021 • 06/	12/2021
MONDAY	Filled Jacket Potato with Tuna Mayo or Beans & Cheese Vegetable Sticks & Fruit Drink	Tuna sweetcorn & Mayo or Cheese G/F Roll Vegetable Sticks & Fruit Drink	Iced Bun G/F Mix & Fresh Satsuma
TUESDAY	Homemade Meatballs or Meat Free Balls in Homemade Tomato Sauce, G/F Pasta, Garlic Bread G/F Mix, Vegetable Sticks & Fruit Drink	Ham Salad or Cheese Salad G/F Roll Vegetable Sticks & Fruit Drink	Vanilla Sponge G/F Mix & Fresh Apple
WEDNESDAY	Warm Turkey or Glamorgan Pattie in a G/F Roll, Potato Wedges Tomato Ketchup, Vegetable Sticks & Fruit Drink		Chocolate Brownie G/F Mix & Fresh Satsuma
THURSDAY	Chicken or Vegetable Balti Rice & Garlic Bread G/F Mix Vegetable Sticks & Fruit Drink	Ham or Egg Mayo G/F Roll, Vegetable Sticks & Fruit Drink	Cherry Flapjack G/F Mix & Fresh Apple
FRIDAY	Gluten Free Fish Fingers in a G/F Roll, Chips, Tomato Sauce Vegetable Sticks & Fruit Drink		Chocolate Muffin G/F Mix & Fresh Satsuma



Due to circumstances beyond our control, there may at times be a slight variance in our menus; we apologise for any inconvenience this may cause. The fruit and vegetables we serve are also subject to seasonal variation.