

WEEK 1	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
<b>WEEK COMMENCING: 05/11/2018 • 26/11/2018 • 17/12/2018 • 21/01/2019 • 11/02/2019 • 11/03/2019 • 01/04/2019</b>				
MONDAY	Homemade Hawaiian Pizza Homemade Wedges <u>or</u> Pasta and Baked Beans	Homemade Cheese & Tomato Pizza Homemade Wedges <u>or</u> Pasta and Baked Beans	Jacket Potato with Various Fillings	Autumn Berry Sponge Custard
TUESDAY	Homemade Beef Bolognese, Sweetcorn and Crusty Bread <u>or</u> Ravioli and Cheese, 1/2 Jacket Potato, Sweetcorn & Crusty Bread	Homemade Vegetable Bolognese, Sweetcorn and Crusty Bread	Jacket Potato with Various Fillings	Teisen Lap
WEDNESDAY	Roast Turkey, Stuffing, Roast & Boiled Potatoes, Carrots, Broccoli and Gravy	Cauliflower and Broccoli Cheese, Roast & Boiled Potatoes, Carrots and Gravy	Jacket Potato with Various Fillings	Cheese, Biscuits and Sliced Apple
THURSDAY	Sausage, Yorkshire Pudding, Mash <u>or</u> Pasta, Peas and Gravy	Homemade Glamorgan Sausage, Yorkshire Pudding, Mash <u>or</u> Pasta, Peas and Gravy	Jacket Potato with Various Fillings	Pineapple Upside Down Cake and Custard
FRIDAY	Fish Fingers <u>or</u> Salmon Fingers, Chips <u>or</u> Mash <u>or</u> Pasta with Beans <u>or</u> Peas	Cheese and Vegetable Frittata Chips, Mash <u>or</u> Pasta, Beans <u>or</u> Peas	Jacket Potato with Various Fillings	Chocolate Crunch and White Sauce

WEEK 2	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
<b>WEEK COMMENCING: 12/11/2018 • 03/12/2018 • 07/01/2019 • 28/01/2019 • 18/02/2019 • 18/03/2019 • 08/04/2019</b>				
MONDAY	Beef Macaroni, Mixed Veg and Garlic Bread	Tomato & Basil Pasta, Mixed Veg and Crusty Bread	Jacket Potato with Various Fillings	Mandarin Sponge
TUESDAY	Cottage Pie with Gravy <u>or</u> Fish Pie, Broccoli and Crusty Bread	Vegetable Cottage Pie with Gravy, Broccoli and Crusty Bread	Jacket Potato with Various Fillings	Jam Bun and a Glass of Milk
WEDNESDAY	Chicken <u>or</u> Roast Beef, Yorkshire Pudding, Roast & Boiled Potatoes, Carrots, Green Beans and Gravy	Quorn in Gravy, Yorkshire Pudding, Roast & Boiled Potatoes, Carrots, Green Beans and Gravy	Jacket Potato with Various Fillings	Cookie Ice Cream
THURSDAY	Lamb Meatballs in Tomato Sauce in a Tortilla Boat, Pasta and Sweetcorn	Veggie Balls in Tomato Sauce in a Tortilla Boat, Pasta and Sweetcorn	Jacket Potato with Various Fillings	Toffee Apple Crumble and Custard
FRIDAY	Fish in Batter <u>or</u> Hot Dog, Chips <u>or</u> Mash <u>or</u> Pasta, Beans <u>or</u> Peas	Homemade Glamorgan Sausage in a Roll, Chips <u>or</u> Mash <u>or</u> Pasta, with Beans <u>or</u> Peas	Jacket Potato with Various Fillings	Chocolate Brownie

WEEK 3	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
<b>WEEK COMMENCING: 19/11/2018 • 10/12/2018 • 14/01/2019 • 04/02/2019 • 04/03/2019 • 25/03/2019</b>				
MONDAY	Homemade Carbonara, Sweetcorn and Crusty Bread <u>or</u> Chicken Tikka Hot Bake, 1/2 Jacket Potato and Sweetcorn	Homemade Vegetable Carbonara, Sweetcorn and Crusty Bread <u>or</u> Cheese and Tomato Hot Bake, 1/2 Jacket Potato and Sweetcorn	Jacket Potato with Various Fillings	Blueberry Muffin and a Glass of Milk
TUESDAY	Homemade Beef Lasagne <u>or</u> Homemade Spaghetti Bolognese, Garlic Bread and Mixed Veg	Homemade Baked Bean Lasagne <u>or</u> Homemade Vegetable Bolognese, Garlic Bread and Mixed Veg	Jacket Potato with Various Fillings	Autumn Sponge and Custard
WEDNESDAY	Roast Pork <u>or</u> Sausages, Yorkshire Pudding, Roast and Boiled Potatoes, Carrots, Cabbage and Gravy	Homemade Glamorgan Sausage, Yorkshire Pudding, Roast and Boiled Potatoes, Carrots, Cabbage and Gravy	Jacket Potato with Various Fillings	Cheese, Biscuits and Sliced Apple
THURSDAY	Homemade Chicken Balti, Rice and Naan Bread <u>or</u> Crunchy Topped Cowboy Pie, Mixed Veg and Crusty Bread	Homemade Vegetable Balti, Rice and Naan Bread <u>or</u> Crunchy Topped Vegetable Cowboy Pie, Mixed Veg and Crusty Bread	Jacket Potato with Various Fillings	Chocolate Goopy Cake
FRIDAY	Fish Finger <u>or</u> Salmon Finger, Chips <u>or</u> Mash <u>or</u> Pasta, with Baked Beans <u>or</u> Peas	Cheese and Potato Pie with Baked Beans	Jacket Potato with Various Fillings	Cherry Flapjack

**Bread, Fresh Fruit and Salad Bar Available Daily**

Due to circumstances beyond our control, there may at times be a slight variance in our menus; we apologise for any inconvenience this may cause. The fruit and vegetables we serve are also subject to seasonal variation.



*Welcome to*

Monmouthshire County Council

Catering Service

*New Autumn/Winter Menu*

November 2018 - April 2019

