

WEEK 1	MAIN COURSES	VEGETARIAN OPTION	ALTERNATIVE	DESSERTS
WEEK COMMENCING: 16/04/2018 • 08/05/2018 • 04/06/2018 • 25/06/2018 • 16/07/2018 • 10/09/2018 • 01/10/2018 • 22/10/2018				
MONDAY	Homemade Hawaiian Pizza Middleton Bread & Pizza Gluten Free Mix, Homemade wedges & coleslaw	Homemade Cheese & Tomato Pizza Middleton Gluten Free Bread & Pizza Mix, Homemade Wedges & Coleslaw	Jacket Potato with Various Fillings	Chocolate & Banana Muffins Middleton Gluten Free Muffin Mix
TUESDAY	Spanish Chicken, Rice, Sweetcorn & Garlic Bread Middleton Gluten Free Bread & Pizza Mix	Savoury Rice, Sweetcorn & Garlic Bread Middleton Gluten Free Bread & Pizza Mix	Jacket Potato with Various Fillings	Vanilla Sponge & Custard Middleton Gluten Free Sponge Mix
WEDNESDAY	Roast Beef, Roast & Boiled Potatoes, Carrots, Broccoli Knorr Gravy Mix	Cauliflower & Broccoli Cheese (thickened with cornflour) Roast & Boiled Potatoes, Carrots, Broccoli & Knorr Gravy Mix	Jacket Potato with Various Fillings	Cookie Ice-cream Middleton Gluten Free Cookie Mix
THURSDAY	Gluten Free Sausages, Mash, peas & Knorr Gravy Mix	Homemade Glamorgan Sausage, Bread Crumbs Middleton Gluten Free Bread & Pizza Mix, Mash, Peas & Knorr Gravy Mix	Jacket Potato with Various Fillings	Fruit Trifle
FRIDAY	Young's Gluten Free Fish Finger or Salmon Fingers Chips/Mash or Gluten Free Pasta, Baked Beans or Peas	Cheese & Tomato Frittata Chips or Mash or Gluten Free Pasta with Baked Beans or Peas	Jacket Potato with Various Fillings	Chocolate Brownie, Middleton Gluten Free Brownie Mix & Glass Juice
WEEK 2	MAIN COURSES	VEGETARIAN	ALTERNATIVE	DESSERTS
WEEK COMMENCING: 23/04/2018 • 14/05/2018 • 11/06/2018 • 02/07/2018 • 23/07/2018 • 17/09/2018 • 08/10/2018				
MONDAY	Welsh Rarebit Pizza Middleton Gluten Free Bread & Pizza Mix 1/2 Cheesy Jacket Skin or Gluten Free Pasta & Coleslaw	Cheese & Tomato pizza Middleton Gluten Free Bread & Pizza Mix 1/2 Cheesy Jacket or Gluten Free Pasta & Coleslaw	Jacket Potato with Various Fillings	Vanilla Sponge & Custard Middleton Gluten Free Sponge Mix
TUESDAY	Beef Bolognaise (thickened with cornflower) Gluten Free Pasta, Garlic Bread, Middleton Bread & Pizza Mix & Mixed Vegetables	Vegetable Bolognaise (thickened with cornflour) Garlic Bread, Middleton gluten free bread & pizza mix & Mixed Vegetables	Jacket Potato with Various Fillings	Flapjack Middleton Gluten Free Mix
WEDNESDAY	Roast Pork & Apple Sauce or Gluten Free Sausages Roast & Mash Potatoes, Carrots, Cabbage & Knorr Gravy Mix	Homemade Glamorgan Sausage Bread crumbs Middleton bread & pizza mix Roast & Mash Potatoes, Carrots, Cabbage & Knorr Gravy Mix	Jacket Potato with Various Fillings	Peaches in Jelly & Ice-cream
THURSDAY	Savoury Mince, Knorr Gravy Mix (thickened with cornflower), Mash & Broccoli or Fish Pie (thickened with cornflour) & Broccoli	Veggie Mince Knorr Gravy Mix (thickened with cornflour) Mashed Potato & Broccoli	Jacket Potato with Various Fillings	Chocolate Cookie Middleton Cookie Mix
FRIDAY	Beef Burger in Bun, Middleton Gluten Free Bread & Pizza Mix or Young's Gluten Free Fish Fingers Chips or Mash or Gluten Free Pasta with Baked Beans or Peas	Homemade Glamorgan Pattie in Bun Middleton Gluten Free Bread Mix Chips or Mash or Gluten Free Pasta with Baked Beans or Peas	Jacket Potato with Various Fillings	Chocolate Krispie Cake Nestle Gluten Free Rice Pops Glass Milk
WEEK 3	MAIN COURSES	VEGETARIAN	ALTERNATIVE	DESSERTS
WEEK COMMENCING: 30/04/2018 • 21/05/2018 • 18/06/2018 • 09/07/2018 • 03/09/2018 • 24/09/2018 • 15/10/2018				
MONDAY	Cheesy Pasta Bake, Gluten Free Pasta (thickened with cornflour) Crusty Bread, Middleton Bread & Pizza Mix & Sweetcorn	Tomato & Basil Pasta Bake, Gluten Free Pasta (thickened with cornflour) Crusty Bread, Middleton Bread & Pizza Gluten Free Mix & Sweetcorn	Jacket Potato with Various Fillings	Chocolate Brownie, Middleton Gluten Free Mix Glass Milk
TUESDAY	Chicken Korma (thickened with cornflower) or Spaghetti Bolognaise, Rice, Mixed Vegetables & Bread Roll Middleton Bread & Pizza Gluten Free Mix	Vegetable Korma (thickened with cornflour) or Vegetable Bolognaise Rice, Mixed Vegetables & Bread Roll, Middleton Bread & Pizza Gluten Free Mix	Jacket Potato with Various Fillings	Flapjack Middleton Gluten Free Flapjack Mix
WEDNESDAY	Roast Turkey & Stuffing, Middleton Bread & Pizza Mix for breadcrumbs Roast & Mash Potatoes, Carrots, Green Beans & Knorr Gravy Mix	Cheese & Potato Pie & Beans	Jacket Potato with Various Fillings	Yogurt & Cookie Middleton Gluten Free Cookie Mix
THURSDAY	Homemade Beef Meatballs in Homemade Tomato Sauce (thickened with cornflour) Gluten Free Pasta, Broccoli & Garlic Bread, Middleton Bread & Pizza Mix	Veggie Balls in Homemade Tomato Sauce (thickened with cornflour) Gluten Free Pasta, Broccoli & Garlic Bread, Middleton Gluten Free Bread & Pizza Mix	Jacket Potato with Various Fillings	Vanilla Sponge Middleton Gluten Free Sponge Mix
FRIDAY	Young's Gluten Free Fish Finger or Salmon Finger Chips or Mash or Gluten Free Pasta with Baked Beans or Peas	Cheese & Onion Frittata Chips, Mash or Gluten Free Pasta with Baked Beans or Peas	Jacket Potato with Various Fillings	Chocolate & Banana Muffin Middleton Gluten Free Muffin Mix Glass Juice