



WEEK 1	MAIN COURSES		ALTERNATIVE	DESSERTS	
<b>WEEK COMMENCING: 16/04/2018 • 08/05/2018 • 04/06/2018 • 25/06/2018 • 16/07/2018 • 10/09/2018 • 01/10/2018 • 22/10/2018</b>					
<b>MONDAY</b>	Ravioli Homemade wedges or pasta & Mixed Vegetables		Jacket Potato with Beans or Plain Tuna	Oat Biscuit (use Phased Dawn)	
<b>TUESDAY</b>	Spanish Chicken, Rice, Sweetcorn		Jacket Potato with Beans or Plain Tuna	Fruit Salad	
<b>WEDNESDAY</b>	Roast Beef, Roast & Boiled Potatoes, Carrots, Broccoli			Jacket Potato with Beans or Plain	Shortbread Biscuit (Use Phased Dawn)
<b>THURSDAY</b>	Sausages, Mash (Use Phased Dawn) or pasta, Peas or Baked Beans			Jacket Potato with Beans or Plain Tuna	Fruit Jelly (Use Vegetarian Jelly)
<b>FRIDAY</b>	Young's Dairy Free Fish Finger or Young's Dairy Free Salmon Fingers, Chips/Mash (Phased Dawn), Pasta , Baked Beans or Peas			Jacket Potato with Beans or Plain Tuna	Chocolate Krispie Cake (Use Phased Dawn)

WEEK 2	MAIN COURSES		ALTERNATIVE	DESSERTS	
<b>WEEK COMMENCING: 23/04/2018 • 14/05/2018 • 11/06/2018 • 02/07/2018 • 23/07/2018 • 17/09/2018 • 08/10/2018</b>					
<b>MONDAY</b>	Ravioli , Half Jacket Potato or Pasta & Sweetcorn		Jacket Potato with Beans or Plain Tuna	Oat Biscuit (use Phased Dawn)	
<b>TUESDAY</b>	Beef Bolognese Pasta Mixed Vegetables		Jacket Potato with Beans or Plain Tuna	Fruit crumble (use Phased Dawn)	
<b>WEDNESDAY</b>	Roast Pork & Apple Sauce or Sausages , Roast & Mashed Potatoes (use Phased Dawn), Carrots, Cabbage			Jacket Potato with Beans or Plain	Peaches in Jelly (use Vegetarian Jelly) & Shortbread Biscuit (Use Phased Dawn)
<b>THURSDAY</b>	Sausages, Mash (use Phased Dawn ) or Pasta & Broccoli or Baked Beans			Jacket Potato with Beans or Plain Tuna	Fruit salad
<b>FRIDAY</b>	Young's Dairy Free Fish Fingers or Young's Dairy Free Salmon Fingers, Chips or Mash (use down ) Pasta with Beans or Peas			Jacket Potato with Beans or Plain Tuna	Chocolate Krispie Cake (Use Phased Dawn)

WEEK 3	MAIN COURSES		ALTERNATIVE	DESSERTS	
<b>WEEK COMMENCING: 30/04/2018 • 21/05/2018 • 18/06/2018 • 09/07/2018 • 03/09/2018 • 24/09/2018 • 15/10/2018</b>					
<b>MONDAY</b>	Tomato & Basil Pasta & Sweetcorn		Jacket Potato with Beans or Plain Tuna	Oat Biscuit (Use Phased Dawn)	
<b>TUESDAY</b>	Spaghetti Bolognese & Mixed Vegetables			Jacket Potato with Beans or Plain Tuna	Fruit Crumble (use Phased Dawn)
<b>WEDNESDAY</b>	Roast Turkey & Stuffing (use Phased Dawn), Roast & Mashed Potatoes (Use Phased Dawn to mash), Carrots, Green Beans			Jacket Potato with Beans or Plain	Shortbread Biscuit (use Phased Dawn)
<b>THURSDAY</b>	Beef Meatballs in Homemade Tomato Sauce Pasta & Broccoli			Jacket Potato with Beans or Plain Tuna	Fruit salad
<b>FRIDAY</b>	Young's dairy free Fish Fingers or Young's Dairy Free Salmon Fingers Chips, Pasta or Mash (use Phased Dawn), Beans or Peas			Jacket Potato with Beans or Plain Tuna	Chocolate Krispie Cake (Use Phased Dawn)

