



CARU'R BWYD? / LOVE YOUR FOOD?

CASÁU'R PACEDIADAU! / HATE THE PACKAGING!

Yn aml defnyddir plastig a pholystyren defnydd sengl dim ond am ychydig funudau, ond gallent barhau yn yr amgylchedd am byth.

Single use plastic and polystyrene are often only used for a short time but can last in the environment forever.

Os ydych yn anhapus gyda'r pachediad ar eich hoff fwyd neu ddiod, gadewch i'r siop wybod trwy roi'r cerdyn post hwn iddynt, neu rhowch stamp ar y cerdyn a'i bostio atynt.

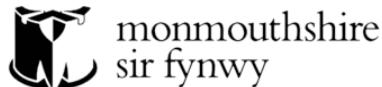
If you're unhappy with the packaging on your favourite food or drink, let the shop know by giving them this postcard, or stick on a stamp and post it to them.



To:.....
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.....

**A WNEWCH CHI NEWID Y POLYSTYREN NEU BACEDIAD PLASTIG AR:-
PLEASE CHANGE THE POLYSTYRENE OR PLASTIC PACKAGING ON:-**

From:.....
.....
.....



Crëwyd y cerdyn post hwn i'r trigolion gan Gyngor Sir Fynwy er mwyn annog lleihad gwastraff pachediadau untro a pholystyren yn Sir Fynwy. Gwneir y cerdyn hwn o ddeunydd ailgylchu 100% a gellir ei ailgylchu hefyd.

This postcard has been created for residents by Monmouthshire County Council to encourage the reduction of single use, plastic and polystyrene packaging waste in Monmouthshire. This card is made from 100% recycled material and can also be recycled.